









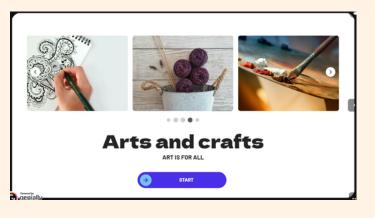
## interactive digital tools for micro-learning

- digital, interactive tools
- 4 broad topics: Creativity, Mindfulness, Communication, Efficiency
- 20 digital breakout rooms, 5 for each topic
- available in English, Slovene, Czech and Greek

## **USE:**

- strengthening (core) competences of adult learners;
- developing skills such as critical thinking and reading literacy;
- strengthening digital skills (seniors);
- developing language skills;
- developing intercultural and intergenerational skills;
- promoting sustainable practices;
- enjoying meaningful and creative free time;
- promoting lifelong learning.







## **LEAD-WELL:**











